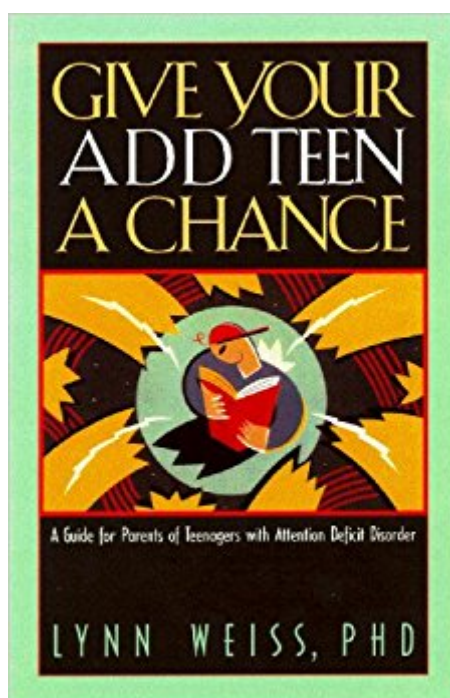


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# Give Your ADD Teen A Chance: A Guide For Parents Of Teenagers With Attention Deficit Disorder



## Synopsis

Expert help for parents of ADD teens. Determine which issues are caused by "normal" teenage development and which are caused by ADD. This book examines the academic challenges ADD teens face, offering tips for success at school and guidelines for discipline, guidance, and responsibility.

## Book Information

Paperback: 312 pages

Publisher: NavPress; 1 edition (July 1, 1996)

Language: English

ISBN-10: 0891099778

ISBN-13: 978-0891099772

Product Dimensions: 8.6 x 5.5 x 0.7 inches

Shipping Weight: 12.8 ounces

Average Customer Review: 3.7 out of 5 stars 5 customer reviews

Best Sellers Rank: #1,800,529 in Books (See Top 100 in Books) #60 in Books > Parenting & Relationships > Special Needs > Hyperactivity #251 in Books > Parenting & Relationships > Family Health #487 in Books > Health, Fitness & Dieting > Mental Health > Attention Deficit & Attention Deficit Hyperactivity Disorders

## Customer Reviews

PRACTICAL HELP FOR PARENTS OF ADD TEENS. Parenting teenagers is never easy-especially if your teen suffers from Attention Deficit Disorder (ADD). ADD adds complications and challenges to adolescence that parents must understand in order to help their teens succeed in high school and into adulthood. Give Your ADD Teen a Chance provides parents with expert help by showing them how to determine which issues are caused by "normal" teenage development, and which are caused by ADD. It also looks specifically at the academic challenges ADD teens face, offering tips for academic success. Finally, the book enables parents to look objectively at their ADD teen, giving guidelines for discipline, guidance, and responsibility.

LYNN WEISS, Ph.D., is one of the country's leading experts on ADD. She is the co-founder of The Dr. Lynn Weiss ADD Center for Adults and Teens, which offers both assessment and treatment of ADD. Dr. Weiss is the author of several books, including Attention Deficit Disorder in Adults and ADD on the Job. A widely requested speaker, Dr. Weiss teaches workshops on ADD across the

country.

This book has some really good information in it. While I don't agree with everything the author has written, it did make me think and encouraged me to try different approaches to helping my son. It also validated that at 15, he needs to be more responsible for his own choices, in spite of his constant "forgetting". This book gave me some positive encouragement that things will turn out OK.

I am not impressed with this book. All she does is describe the situation everyone is dealing with with ADD and says "oh well you just have to settle for it". There are no concrete solutions in this book. Don't buy this book it's a waste of time and money.

Finally, a book that really explains ADD in teenagers and how it affects their abilities and lives.... As a mother of a 13 year old boy with ADHD, I was lost. We were able to help him manage his ADHD until puberty hit. Suddenly, it was a whole new ballgame. None of our discipline techniques worked anymore. After reading this book, I have a much better understanding of the disease and how it really impairs people in certain aspects of daily functioning. Some of the behaviors I thought were defiant, I now realize are part of the ADHD make up. This book provides explanations of how ADD affects teens depending on their personality type and which behaviors are normal teen behaviors and which are related to the ADD. It gives practical advice on how to handle discipline issues, how to deal with schools to help them better educate your teen and how to help your teen learn to function within the limits of his/her ADD. I am so glad I found this book!

This is the best ADD book I have ever read. I recommend that EVERY parent of an ADD child read this book! Being a parent of an ADD child is very difficult on a good day, but this book gives you ways to cope, understand and be positive. Understanding the ADD mind was elusive to me before I read this book. Now I "GET IT". The relationship between my daughter and I has greatly improved, we communicate better, and I now see how hard it is for her and am able to help. Please read this very well written, simple yet comprehensive book. You won't regret it!

Recently two of my four children were diagnosed with ADD. I began reading everything I could on the subject. Often the information was confusing, or presented in such a technical way as to be of little help. Giving Your ADD Teen a Chance is presented clearly and with great warmth. I felt good about my children's life. Ms. Weiss gives helpful, relevant advice, loaded with common sense. I

have recommended this book to anyone I can find, including several mental health professionals. If your child is diagnosed with ADD, whether or not they have reached their teenage years, this is a MUST read.

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